







FRIDAY, 16<sup>TH</sup> SEPTEMBER 2022

**CONTACT US ON** 



01752 225314

http://hydepark-inf.plymouth.sch.uk/



http://www.hydeparkjuniorschool.co.uk

hydepark.office@horizonmat.com

#### Welcome

Welcome back to our returning pupils and their families, and a warm welcome to all our new pupils and their families, as well as new staff, as they begin their journey with us! It has been wonderful to see classrooms filled with pupils learning and a powerful reminder of the importance of education on academic, social, and personal development. We have missed our pupils and are excited to see our children excel in their learning!



## **Mental Health & Wellbeing**

At Hyde Park Schools, our focus is not only on academics but also our pupils' and staff mental health and wellbeing. From Monday 5th to Friday 9th September, we celebrated Wellbeing Week where we focused on the five core elements of mental health.

Each day, the children had a different focus:

Monday 5th: **Connect** – what positives have come from lockdown? What new skills have I learnt? What new talents have I discovered?

Tuesday 6th: **Keep Learning** – positive affirmations and 'I can' statements; growth mindset.

Wednesday 7th: **Be Mindful** – 'warm fuzzies' (say and write positive things about each other).

Thursday 8th: **Get Active** – I can show off my moves and special physical abilities at playtime.

Friday 9th: **Give to Others** – make a small card to cheer someone up who is not my close friend.

Please see below ways that you can continue to promote wellbeing at home.



Connect... with the people around you. With family, friends, colleagues and neighbours. At home, work, school or in your local community. Think of these as the cornerstones of your life and invest time in developing them. Building these connections will support and enrich you every day.



Be active... Swap your inactive pursuits with active ones. Go for a walk. Step outside. Cycle. Play a game. Garden. Dance. Walk or cycle when making short journeys. Being active makes you feel good. Most importantly, discover a physical activity you enjoy and that suits your level of mobility and fitness.



Take notice... Be curious. Catch sight of the beautiful. Remark on the unusual. Notice the changing seasons. Savour the moment, whether you are walking to work, eating lunch or talking to friends. Be aware of the world around you and what you are feeling. Reflecting on your experiences will help you appreciate what matters to you.



Keep learning... Try something new. Rediscover an old interest. Sign up for that course. Take on a different responsibility at work. Fix a bike. Learn to play an instrument or how to cook your favourite food. Set a challenge you will enjoy achieving. Learning new things will make you more confident as well as being fun.



Give... Do something nice for a friend, or a stranger. Thank someone. Smile. Volunteer your time. Join a community group. Look out, as well as in. Seeing yourself, and your happiness, linked to the wider community can be incredibly rewarding and creates connections with the people around you.









### Welcome our New Reception Children!

The new Reception class children were filled with excitement and were eager to meet their new class teacher and friends. Some families were quite astonished by how willing the children were to walk independently into their new classes. They have all settled in very well, with the right attitude to learn. Already, they have shown to be very resilient and responsible in their behaviour. Their faces beamed with joy as they engaged in a wide variety of structured and child-initiated play. This is a true testament to how much the children enjoyed their first few days in Reception!





## **Exploring Emotions**

As part of our **Mental Health Week**, children in Year 4 talked about how their bodies feel when different situations cause them to feel different emotions. The children discussed that sometimes we might feel like we will explode and that sometimes our bodies feel hot or tense. The children further explained that sometimes we have butterflies in our tummies and sometimes we want to shout with joy! The children then created freeze frames to depict different feelings.





It was really fun learning how to look after our mental health. Ellie-Rose, Yr 4 Pupil

**Mental Health Week was fun and unusual.** Noah, Yr 4 Pupil









## **Reception Children - First Lunch**

This week, children in Reception had their first independent lunch at Hyde Park Schools. We are encouraging our children to try different foods and eat independently. We are also teaching them the fundamentals of queuing in an orderly fashion to get their lunch as well as, demonstrating the safest way to use the cutlery. Primarily, we are enlightening our children on lunch hall etiquette by saying "please" and "thank you" upon receiving their food. Well done children, we are so proud of you!





## Drama – The Cautious Caterpillar

In Year 1, the children have been reading the story 'The Cautious Caterpillar'. The children used their inference, predicting and sequencing skills to write about the story and used role play to understand how the characters felt.













## **Religious Education**

Children in Year 3 completed online quizzes, to show what they know about different religions. The children were able to talk about their prior learning articulately and confidently and could recall many facts about Christianity and Islam.





#### Samba

In Year 2, the children learned how moving our bodies to a samba beat can make us feel good. The children learned some samba rhythms, played instruments, and created their own colourful costume accessories. Look out for a musical, colourful parade in the playground when the sun shines when the children will have their parade.



#### **Teamwork**

In PE, children in Year 4 continued to explore how they can look after their mental health. The children discussed that they could work together and to look after each other. The children challenged themselves to get their teams across the hall without touching the floor. Great teamwork, Year 4!











# Message from our Chair of Governors

Welcome back and a warm welcome to our new families who have joined our Hyde Park family!

The Federated Governing Body (FGB) is here to support the Schools' objectives to provide the best possible outcome for all our children. We are volunteers who are passionate about education and the wider role of the Schools to raise good citizens. We come from different backgrounds, bring different skills, some with knowledge of education and some without but all essential in strategic planning.

The role of the FGB is to understand, advise, challenge, support and encourage the Schools to be outstanding and to deliver to the aims of the Trust. We are committed to working with all staff at Hyde Park Schools and the Trust, although our remit is strategic and therefore we are not operational. 'Eyes on – Hands off.'

We fulfil our roles by visiting school, attending formal meetings, and undergoing training (both mandatory and optional). Please engage with us during our visits, we are very interested in your views.

I look forward to working with you during the year ahead.

Mrs. Rachel Mathis

## PTFA AGM - Steph and Erica

The PTFA plays a vital part in the school community and all parents and carers, as members of the PTFA, are invited to support the AGM On **Tuesday 27 September starting with a general meet and greet from 6.30 for a 7PM meeting**. The meeting will be held at the school. Several key members of the PTFA will be stepping down so there's lots of opportunity to get involved, the school is very supportive, and we see lots of ways to make a difference in the coming year.

For further information please see the attached letter or contact us directly at hydepark.ptfa@horizonmat.com.

#### **Nut free School**

Please be reminded that we are a 'nut free' school and we kindly ask that any food items that contain nuts are not brought into school. Thank you for your understanding as we have children with severe allergies.

#### **Parent Consultations**

Parents, guardians, and carers are invited, to attend a scheduled meeting to discuss their child's progress and targets. These meetings will be arranged between 3:45pm and 7:00pm on Wednesday 21st and Thursday 22nd September. Upon arrival, please make your way to the junior hall for Key Stage 2 and the infant hall for Key Stage 1 and EYFS.

#### **Curriculum Meetings**

Throughout the year, we deliver parent curriculum meetings where we provide information about how you can support your child or children with their learning at home. Education is forever changing, and it is important that parents, quardians and carers understand the methods we are currently using in school. The curriculum meetings provide you with an opportunity to see 'first hand', how lessons and day-today activities are delivered, as well as the content that is covered. We also produce supportive hand-outs for your use at home. Learning is very much a two-way process between home and school and the one-to-one support and encouragement that you give your child supports the work we do in the classroom. Please check your diary dates for these sessions as well as this medium. Thank you for your continued support.

### **Individual School Photographs**

The school photographer is scheduled to visit on Friday 23<sup>rd</sup> September to take individual photographs of the children. Please be advised that children should wear full Hyde Park Primary school uniform. If P.E. is scheduled for the day, the children should wear their regular uniform.

## **Macmillan Coffee Morning**

We would like to welcome all parents, guardians, and carers to join us for a coffee morning to support Macmillian Cancer Trust in raising awareness and money for charity. Please come along at 9:00am on Friday 30th September, for some cake and coffee and of course a lovely chat. Thank you all in advance for your charity donations.

## **Autumn Equinox**

The autumnal equinox occurs in September each year, and in the northern hemisphere the date marks the end of summer and beginning of autumn. What fun facts can you find about Autumn Equinox?









## **Reporting Absences**

It is important to contact the School Office each morning before 9:15am if your child is absent from school. If your child has an appointment with the general practice (GP), dentist, or hospital, please bring in evidence to keep on your child's record. All absences will be recorded as unauthorised unless evidence is provided. Thank you for your support.

## Free School Meal - Application Process

Free School Meals is a statutory means-tested benefit, which provides a child with meals at school for free. If you believe you may be entitled to your child receiving free school meals, please contact the School office. The member of staff on reception will also be able to advise you on the process for claiming free school meals. Please note that this benefit must be reapplied for each year.

#### **Personal Details**

Please ensure you provide the School Office with your most recent and up-to-date details including, changes to address, telephone numbers or email contact. Please also provide the School Office with your child's up-to-date medication, including inhalers, spacers and EPIPENS. It is especially important that in the event of an emergency we can contact you if your child is unwell. Thank you.

#### **Awards**

**Star of the Week** – this award is presented to pupils who consistently displays all the school values and goes above and beyond in helping their peers and teachers.

**Ethos for the Week** – award is presented to pupils who have gone above and beyond for the week in demonstrating their understanding of the value in focus either through their words or deeds.

Parents can continue to instil these values at home and complete activities to reinforce these.

Nominations for being kind	
Cedar	Harry P
Ash	Roman
Oak	Jayden
Beech	Mer
Poplar	Edie L
Willow	Fin M
Holly	Sophia
Elm	Ava G
Sycamore	Emilia
Keller	Olive
Seacole	Sennen
Barnardo	Evie
Attenborough	Alesha
Curie	Cece
Hawking	Ellie - Rose
Ghandi	Sofia
King	Zakariya K
Mandela	Sofia
Pankhurst	Nelly Harvey
Douglass	Elise T
Dickens	Ehan



















