



# HYDE PARK SCHOOL

*Acting Headteachers:*  
*Mrs Razey – Infants*  
*Mr Dellow - Juniors*



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Dear Families,

This school year we have been implementing the PSHE (Personal, Social and Health Education) Programme across our school called Jigsaw, the mindful approach to PSHE.

The lessons since September, have built children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way. They cover all areas of statutory requirements for the delivery of health and relationship's education. We are sure you will have heard the children talk about the Jigsaw Friends and Calm Me time.

The Summer Term Puzzles (units) are about Relationships (unit 1) and Changing Me (unit 2). The Changing Me Puzzle includes, in every year group, 2 or 3 lessons to help children understand their bodies. There is a very serious safeguarding aspect to this work, giving children the vocabulary to correctly and clearly identify specific body parts. Safeguarding our children and only sharing age appropriate but anatomically correct terminology is key to these units of work; the children in Years 1 and 2 are learning correct terminology for body parts and doing the foundation work for learning that will follow in later year groups.

We would normally invite you into school for a meeting to share this information with you however, due to covid restrictions we are including the following information for you, taken from the Jigsaw information leaflet.

*Jigsaw's 'Changing Me' unit is taught over a period of 6 weeks, usually in the second half of the summer term. Each year group will be taught appropriate to their age and developmental stage, building on the previous years' learning. Please note: at no point will a child be taught something that is inappropriate; and if a question from a child arises and the teacher feels it would be inappropriate to answer, (for example, because of its mature or explicit nature), the child will be encouraged to ask his/her parents or carers at home. The question will not be answered to the child or class if it is outside the remit of that year group's programme.*

*At Jigsaw we believe this work is an important part of safeguarding children as knowledge empowers them, helping them to stay safe.*



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## Puberty and Human Reproduction in Jigsaw 3-11

FS	Growing Up	How we have changed since we were babies
Y1	My changing body	Understanding that growing and changing is natural and happens to everybody at different rates
	Boys' and girls' bodies	Appreciating the parts of the body that make us different and using the correct names for them
Y2	The changing me	Where am I on the journey from young to old, and what changes can I be proud of?
	Boys and girls	Differences between boys and girls – how do we feel about them? Which parts of me are private?
Y3	Outside body changes	How our bodies need to change so they can make babies when we grow up – outside changes and how we feel about them
	Inside body changes	How our bodies need to change so they can make babies when we grow up – inside changes and how we feel about them (animations used – shorter version Female and Male Reproductive Systems)

## Puberty and Human Reproduction in Jigsaw 3-11

Y4	Having a baby	The choice to have a baby, the parts of men and women that make babies and – in simple terms – <b>how this happens</b> (animations used – the Female Reproductive System)
	Girls and puberty	How a girl's body changes so that she can have a baby when she's an adult – including menstruation (animations used – the Female Reproductive System)
Y5	Puberty for girls	Physical changes and feelings about them – importance of looking after yourself (animations used – the Female Reproductive System)
	Puberty for boys	Developing understanding of changes for both sexes – reassurance and exploring feelings (animations used – the Male Reproductive System)
	Conception	<b>Understanding the place of sexual intercourse in a relationship and how it can lead to conception and the wonder of a new life</b> (animations used – the Female and Male Reproductive Systems)
Y6	Puberty	Consolidating understanding of physical and emotional changes and how they affect us (animations used – the Female and Male Reproductive Systems)
	Girl talk / boy talk	A chance to ask questions and reflect (single sex) (animations used – the Female and Male Reproductive Systems)
	Conception to birth	<b>The story of pregnancy and birth</b> (animations used – the Female and Male Reproductive Systems)





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The government made Relationships Education and Health Education statutory for all primary schools in September 2020. We hope you will be in agreement with us that this work is vitally important for children, that it needs to be done age-appropriately and that the Jigsaw Programme gives us a secure framework in which to do this. However, we do as always want to work in partnership with parents and carers, and also wish to inform you of your legal right to withdraw your children from some aspects of this work. We have provided the whole table of Jigsaw units so that you can see how they develop across the two schools, as the Junior School are also using this programme.

Where parents/carers once had the choice to remove their child from all Sex Education lessons each year, following updated statutory guidance for Health and Relationships Education which came into place in September 2020, the vast majority of what is now required of schools is statutory and must be taught to all pupils. This content is covered in black in the table above. Health Education is now statutory, it is incredibly important that all children receive this content, covering topics such as friendships, positive relationships and how to stay safe.

Parents/carers do have the right to withdraw their child/children from any lessons which cover human reproduction, and this content is shown in red in the table above. However, we do, as always, want to work in partnership with parents and carers and we hope that you, like us, will see the materials in Jigsaw as educationally sound and beneficial to our children.

Should you have any queries or concerns regarding the teaching content of the units which are taught specifically in FS, Year 1 and Year 2, please do not hesitate to contact the school.

Kind Regards,

Denise Razey (Acting Head Teacher)



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