

Dear Parents,

This is a supplement to the working at home information already on the website, which will break down the activities already given into different weeks and give supplementary activities.

Week 1

Phonics

There are online activities and help you can access for all phonic activities and by searching for the particular rule you are working on it will narrow down the choice. All year 2 phonic / spelling work falls under phase 6 of the Letters and Sounds document, so searching for phase 6 will help narrow the search further.

Of particular help - Twinkl, Phonics Play, accessed through Phonics Play, Spelling Play (this has spelling activities and games, and sheets which explain the spelling rules for you), on Youtube – Phonics Play by Mr Thorne.

The rule for week 1 - Adding ing, ed, er, est, and y to words ending in 'e' (with a consonant before it) means that we must remove the 'e' and add the chosen ending, e.g. take – taking and pose – posed. An exception to this rule is the word 'being'. If adding the endings listed above to one syllable words ending in a consonant but preceded by a vowel, we must double the last consonant first, e.g. pat – patting and hum – hummed. An exception to this rule is that the letter 'x' must never be doubled, e.g. mix – mixing (no double x).

1. Adding the above endings to words ending in 'e' with a consonant before it eg hike to hiking, shine to shiny, you must drop the 'e'. Make a list of words that fit this rule together, learn how to spell them.
2. Adding the above endings to words ending in 'y' with a consonant before it eg copy to copied, happy to happier, you must change the 'y' into an 'i'. Make a list of words together, learn how to spell them.
3. Mix the words ending in 'e' and 'y' and check how to change them and spell them.

English

Writing – Write instructions for planting the seeds. Follow the writing guidance from the original work pack and look at [bbc.co.uk>english-ks1-ks2-how-to-write-instructions.zrvtscw](http://bbc.co.uk/english-ks1-ks2-how-to-write-instructions.zrvtscw).

Reading – Follow reading guidance in original work pack.

Science

Plant some seeds if you have them. Discuss what conditions plants need to grow. If you have enough seeds, plant some seeds in a cold place but give water and light, some in a dark place and give water and heat but no light, give some seeds light and heat but no water and give some light, heat, and water. Keep a journal on the seeds, adding pictures and writing to describe what is happening to the seeds every few days. Pay attention to handwriting, presentation spelling etc. You could write a draft then edit as described previously.

Geography/Art

Look at a map of the world. Name the oceans and continents. Discuss where the equator is and that hotter countries are found nearer the equator. Draw a circle on paper, marking a line across the middle for the equator. Draw the outline of the countries of the world, then colour/paint with hot colours nearest the equator spreading to cooler colours, then cold colours at the poles.

Learn the continents song from Youtube by Musicmamma3.

Maths

PE

[Good YouTube videos to keep active at home.](#)

General Physical Activity

Search

PE with Joe Wicks

Or use the link

https://www.youtube.com/watch?v=6v-a_dpwhro

Search

PE with Joe Wicks

Or use the link

<https://www.youtube.com/watch?v=Rz0go1pTda8>

There will be more uploaded daily/weekly by Joe Wicks. We really recommend using his PE programme.

Dance

Search

Kidz Bop dance along

Or use the link

https://www.youtube.com/watch?v=sHd2s_saYsQ&t=558s

Yoga/ Mindfulness

Search

Kids yoga and mindfulness to STAY STRONG

Or use the link

<https://www.youtube.com/watch?v=9JI01thiHYI&t=2495s>

Search

Yoga Time! | Jungle Safari - Kids Yoga and Nursery Rhymes

Or use the link

<https://www.youtube.com/watch?v=C4CaROsyf1g>

Home PE Activity Ideas

Activity 1

Show your child how to check their heart rate. Check your heart rates before exercising check it again after exercise and discuss the differences.

Here are some exercises you could do:

Star jumps

Jogging on the spot

Sprinting on the sport

Jumping

Hopping

Activity 2

Create a poster with all of your favourite exercises and write down all the reasons exercise is good for you. If you have enough space choose one of the exercises to do in your home.

Activity 3

Create your own family workout to do every day. Pick out the exercises and decide what exercise you would like to do for your home family workout.

Activity 4

Follow the Joe Wicks YouTube PE lessons

Activity 5

Find a way to use different items in the house to use to exercise safely. Here are some examples:

Step ups on the stairs

Tins for weights

Plank with legs on the sofa

Useful websites

National Marine Aquarium – visit them on Facebook to see them feeding the fish live.

Twinkl have free resources, and resources for parents for use during the coronavirus period

www.phonicsbloom.com

www.teachyourmonstertoread.com

www.oxfordowl.co.uk

www.vooks.com

www.classroomsecrets.co.uk/home-online-learning

www.whiterosemaths.com/resources/schemes-of-learning/primary-sols

www.masterthecurriculum.co.uk

www.primarystareducation.co.uk/19-year-1

www.topmarks.co.uk

www.explorify.wellcome.ac.uk

www.ictgames.co.uk

www.prodigygame.com

www.youtube.com/user/CosmicKidsYoga

www.bbc.co.uk/teach/supermovers