

Dear Parents,

This is a supplement to the working at home information already on the website, which will break down the activities already given into different weeks and give supplementary activities.

Week 4

### Phonics

There are online activities and help you can access for all phonic activities and by searching for the particular rule you are working on it will narrow down the choice. All year 2 phonic / spelling work falls under phase 6 of the Letters and Sounds document, so searching for phase 6 will help narrow the search further.

Of particular help - Twinkl, Phonics Play, accessed through Phonics Play, Spelling Play (this has spelling activities and games, and sheets which explain the spelling rules for you), on Youtube – Phonics Play by Mr Thorne.

1. Revise contractions from last week. Make a list of as many contractions as they can think of (check apostrophe is in the right place). Find contractions in books and magazines.
2. Begin to talk about the apostrophe used for possession eg Ben's book. BBC Bitesize has resources for this, also Mr Thorne does Grammar on Youtube.
3. Ask the children to write some sentences that use the apostrophe for possession and then for contractions to ensure they understand the difference between the two.
4. Revise suffixes

English

Writing – Choose an animal from the USA. Write about it and describe its habitat. Follow the writing guidance from the original work pack.

Reading – Follow reading guidance in original work pack.

Science/Geography

Remind them again about habitats and what they are. Research about the plant and animals they might find in North America. Initially look at the area around Plymouth MA. and then broaden out across the whole of the USA looking at different habitats/landscapes.

Look at what we mean by micro habitats eg very small areas, such as under a rock, in a stone wall. Can they discover a microhabitat in their garden or yard. Explore it, draw it and write about it.

Maths

PE

[Good YouTube videos to keep active at home.](#)

## General Physical Activity

Search

PE with Joe Wicks

Or use the link

[https://www.youtube.com/watch?v=6v-a\\_dpwhro](https://www.youtube.com/watch?v=6v-a_dpwhro)

Search

PE with Joe Wicks

Or use the link

<https://www.youtube.com/watch?v=Rz0go1pTda8>

**There will be more uploaded daily/weekly by Joe Wicks. We really recommend using his PE programme.**

## Dance

Search

Kidz Bop dance along

Or use the link

[https://www.youtube.com/watch?v=sHd2s\\_saYsQ&t=558s](https://www.youtube.com/watch?v=sHd2s_saYsQ&t=558s)

## Yoga/ Mindfulness

Search

Kids yoga and mindfulness to STAY STRONG

Or use the link

<https://www.youtube.com/watch?v=9JIO1thiHYI&t=2495s>

Search

Yoga Time! | Jungle Safari - Kids Yoga and Nursery Rhymes

Or use the link

<https://www.youtube.com/watch?v=C4CaR0syf1g>

Home PE Activity Ideas

Activity 1

Show your child how to check their heart rate. Check your heart rates before exercising check it again after exercise and discuss the differences.

Here are some exercises you could do:

Star jumps

Jogging on the spot  
Sprinting on the sport  
Jumping  
Hopping

### Activity 2

Create a poster with all of your favourite exercises and write down all the reasons exercise is good for you. If you have enough space choose one of the exercises to do in your home.

### Activity 3

Create your own family workout to do every day. Pick out the exercises and decide what exercise you would like to do for your home family workout.

### Activity 4

Follow the Joe Wicks YouTube PE lessons

### Activity 5

Find a way to use different items in the house to use to exercise safely. Here are some examples:

Step ups on the stairs

Tins for weights

Plank with legs on the sofa

### Useful websites

National Marine Aquarium – visit them on Facebook to see them feeding the fish live.

Twinkl have free resources, and resources for parents for use during the coronavirus period

[www.phonicsbloom.com](http://www.phonicsbloom.com)

[www.teachyourmonstertoread.com](http://www.teachyourmonstertoread.com)

[www.oxfordowl.co.uk](http://www.oxfordowl.co.uk)

[www.vooks.com](http://www.vooks.com)

[www.classroomsecrets.co.uk/home-online-learning](http://www.classroomsecrets.co.uk/home-online-learning)

[www.whiterosemaths.com/resources/schemes-of-learning/primary-sols](http://www.whiterosemaths.com/resources/schemes-of-learning/primary-sols)

[www.masterthecurriculum.co.uk](http://www.masterthecurriculum.co.uk)

[www.primarystareducation.co.uk/19-year-1](http://www.primarystareducation.co.uk/19-year-1)

[www.topmarks.co.uk](http://www.topmarks.co.uk)

[www.explorify.wellcome.ac.uk](http://www.explorify.wellcome.ac.uk)

[www.ictgames.co.uk](http://www.ictgames.co.uk)

[www.prodigygame.com](http://www.prodigygame.com)

[www.youtube.com/user/CosmicKidsYoga](http://www.youtube.com/user/CosmicKidsYoga)

[www.bbc.co.uk/teach/supermovers](http://www.bbc.co.uk/teach/supermovers)